

Cloth Diaper 101 - Mold Prevention

Prevention is the first step in dealing with mold stains on cloth diapers especially soakers/inserts. Mold stains form when diaper is wet and left somewhere warm and dark. Here are some tips to prevent mold from growing on your diapers:-

1. Rinse through running water after every change and wring out excess water before putting them in the pail.
2. Wash diapers every other day.
3. If not using filtered pail, either leaves the diapers in an uncovered bucket or use vented pail/ bucket (as shown). Air flow is important to prevent mold. Line with an old pillow case to absorb moisture from the diapers.
4. Another way is to soak in a pail of water mix with $\frac{1}{4}$ cup of baking soda after rinsing away the urine. Soak them until they are readied to be washed. Maximum soaking time is 48 hours.

